



## PHYSICAL AND HEALTH EDUCATION COMMUNITY LEADERSHIP PLACEMENT

**Host Organization:** Nipissing University Athletics

**Placement Role:** Lakers Athletic Therapy Clinic – Student Trainer Clinic/Field Assistant

**Dates:** Assigned in four week blocks. One student will be scheduled per block.

**Fall semester – available blocks:**

Sept 8<sup>th</sup> through Oct 5<sup>th</sup>

Oct 6<sup>th</sup> through Nov 9<sup>th</sup>

Nov 10<sup>th</sup> through Dec 7<sup>th</sup>

**Winter Semester:**

Jan 11<sup>th</sup> through Feb 7<sup>th</sup>

Feb 8<sup>th</sup> through March 13<sup>th</sup>

Weekday, evening and weekend hours may be required. Depending on the block during which you have been scheduled, placement hours may be required over the FA or WI reading weeks.

**Placement Service Times:** To be negotiated with host based on the student academic schedule and scheduled block.

**Host Description:** The Lakers Athletic Therapy clinic is open to varsity and club athletes. The clinic operates year round and hours will vary depending upon the varsity schedule. Students will be shadowing a Certified Athletic Therapist. Nipissing University Head Athletic Therapist, Mackenzie Daley is a graduate of the Bachelor Physical and Health Education (2011) program at Nipissing University. She holds an Advanced Certificate of Athletic Therapy from Mount Royal University (2013) and is certified through the Canadian Athletic Therapists Association. Assistant Athletic Trainer, Joshua Meyer is a graduate of the Bachelor of Arts in Athletic Training with a Minor in Health from Graceland University in Lamoni, Iowa. He is a Certified Athletic Trainer with the National Athletic Trainers' Association.

**Placement Duties:** The placement student will spend a minimum of 50 hours training under the direct supervision of a Nipissing University Certified Athletic Therapist or Certified Athletic Trainer. A variety of treatment techniques will be explored (under supervision) in a clinical setting.

Placement students will:

- Engage in the assessment of varsity and/or club athletes
- Gain knowledge on the prevention of musculoskeletal injuries
- Observe and learn musculoskeletal and postural assessment techniques and treatment options
- Participate in exercise instruction and rehabilitation design for injured athletes
- Students will learn how to implement therapeutic modalities, including; ice, heat, ultrasound, electrical muscle stimulation, and myofascial cupping
- Students will inform themselves regarding proper body mechanics as a student clinician in training
- Students will research policies referring to the Code of Ethics and Professional Conduct as instituted by the Canadian Athletic Therapists Association
- Students may observe first responder techniques relating to sprains, strains, fractures and dislocations
- Engage in taping/wrapping and strapping techniques as a part of return to play testing
- Learn about proper documentation concerning confidentiality in a clinical environment
- Perform daily cleaning and maintenance of treatment room, including laundry and cleaning treatment tables

**Placement Requirements:** Placement students must be flexible, able to work during evenings/weekends. Interest in continuing studies in athletic therapy, physiotherapy, massage therapy, clinical and field settings in sport or allied health recommended but not required. Valid police check and CPR Level C/FA required. Students will be required to sign a confidentiality agreement.

**Students must submit a letter of intent, and indicate their preferred placement block in hardcopy to the Placement Office. Student must also be willing to interview for the limited number of positions available.**

**Number of Students Accommodated within placement:** (minimum 50 hours): Number of positions will be based on need.

**Deadline to Apply:**      Block One – Sept 8<sup>th</sup>  
                                     All other blocks – Sept 14<sup>th</sup>

**Contact person within organization:**

**Mackenzie Daley**

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