

## PHYSICAL AND HEALTH EDUCATION COMMUNITY LEADERSHIP PLACEMENT

**Placement Role:** Healthy Living Program – Nutritious Food Basket Project

**Host Organization:** North Bay Parry Sound District Health Unit

**Host Description:** North Bay Parry Sound District Health Unit, Healthy Living Program, 222 McIntyre St, West, 4<sup>th</sup> Floor, Suite 400. Program focuses on health promotion initiatives for adults and general community aimed at creating healthy environments with the goal of chronic disease prevention.

**Dates:** Placement hours must be completed from May 16-31<sup>st</sup>, 2016.

**Placement Service Times:** To be negotiated with host based on the student's schedule within the placement period.

**Placement Duties:** The placement student will spend 50 hours under the supervision of a Public Health Dietitian conducting the Nutritious Food Basket data collection

*Placement students will:*

Conduct the Nutritious Food Basket survey:

- *Review Nutritious Food Basket Guidance Document (which is in accordance with the Ontario Public Health Standards)*
- *Visit 11 grocery stores across the Nipissing and Parry Sound Districts and record the cost of 65 food items consistent with Canada's Food Guide with a health unit staff person*
- *Complete basic calculations for consistent price/unit (kg)*
- *Enter data collected into a spreadsheet*

**Placement Requirements:** Interest in nutrition and food insecurity is recommended.

**Number of Students Accommodated within placement:** (minimum 50 hours): 1

**Contact person within organization:**

Catharine Celebre, Nursing Practice Manager. Phone Number: 705-474-1400 x 2265 or email: Catharine.celebre@nbpsdhu.ca

**Deadline to submit expression of interest:** May 11<sup>th</sup>, 2016