



PHYSICAL AND HEALTH EDUCATION
COMMUNITY LEADERSHIP PLACEMENT

Placement Role: Core Strength and Stability Teaching Assistant

Host Organization: Nipissing University

Host Description: The Bachelor of Physical and Health Education program is a four-year degree that will prepare students to become community leaders in the promotion of healthy, active, lifestyles. BPHE practical courses offer curricular opportunities which are designed to broaden experiences, promote health and wellness through physical activity, enrich awareness, deepen understanding, establish disciplined habits of thought, prepare meaningful careers and, by doing so, help individuals become informed, responsive and productive citizens.

Placement Service Times: Students to interview with host to discuss availability. Placement hours will be required over the FA term, beginning in September. **Students must be available weekly during at least two** of the following times: Mon: 10-11:20am, Tues: 8:30-10am, Wed: 10-11:20am, 12:30-2pm, Thurs: 8:30-10am, Fri: 12:30-2pm.

Placement Duties: Students will spend a minimum of 50 hours working with PHED 2204 course instructors Trista Bernier and/or Jerry Grabiec. Duties may include:
Assist instructors class preparation
Assist students in meeting course learning objectives
Provide demonstration of proper technique and skill progression

Placement Requirements: Individuals with an interest in personal training, health promotion and/or education may consider this opportunity. Valid police check and CPR Level C, Standard FA required. Students selected for this placement must submit a resume, cover letter and be willing to interview for the limited number of positions available.

Number of Students Accommodated within placement: (minimum 50 hours): 2

Contact person within organization:

Trista Bernier: trista22@sympatico.ca

Jerry Grabiec: jerry@crossfit705.com