

**Placement Role: Recreation Therapy Assistant**

**Host Organization:** North Bay Regional Health Centre

**Host Description:** North Bay Regional Health Centre, Acute Inpatient Psychiatry Unit

**Dates:** Students to interview with host to discuss availability. Placement hours will be required over the FA or WI terms, beginning in October.

**Placement Service Times:** To be negotiated with host based on the student academic schedule. During normal work hours of Monday-Friday 8:30-4:30 pm

**Placement Duties:** The placement student will spend a minimum of 50 hours training under the supervision of *Placement students will:*

A variety of treatment modalities will be explored in a clinical setting.

- *Observe Motivational counseling and behavioral activation counseling*
- *Observe techniques to promote healthy activities and awareness in a vulnerable population*
- *Observe group fitness programming and techniques to modify programming for a variety of physical barriers*
- *Student project to run 2 fitness classes or wellness classes on the unit*
- *Observe and participate in psycho-educational groups (Relaxation, wellness, art therapy, stress management, etc)*
- *Participate in clinical and program meetings*
- *Participation in additional workshops or events may be available to students who indicate interest.*

**Placement Requirements:** Interest in continuing studies in allied health recommended but not required. Valid police check and CPR Level C/FA required. Students selected for this placement must submit a resume, cover letter and be willing to interview for the limited number of positions available. Students will be contacted for an interview if selected. Up to date immunization record and TB test compliance required.

**Number of Students Accommodated within placement:** (minimum 50 hours): 1

**Contact person within organization:**

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**Deadline to submit expression of interest:** September 30<sup>th</sup>, 2016