



PHYSICAL AND HEALTH EDUCATION  
COMMUNITY LEADERSHIP PLACEMENT

**Placement Role:** Physical Activity PA Day Workshop Co-ordinator

**Host Organization:** NU Olympic themed PA Day Camp

**Dates:** Students must be available to lead a full day workshop during March Break 2015.

**Placement Service Times:** Flexible, lots of planning involved, students must be able to meet on a weekly basis (minimum) to create an event plan for approval by the BPHE office, organize equipment and prepare for the successful delivery of an 8 hour, sports (Olympic) themed workshop for children grades 3-6.

**Purpose:** To create, and deliver a structured day of programming related to physical activity and sport for elementary school students grades 3-6. The workshop will be delivered exclusively by BPHE students. In the spirit of the Olympic games, all programming shall be focus on active, communicative and cooperative games and foster the values of Olympism.

Students will research best practices and other evidence based practice in the area of Leadership in Physical Activity. Students will modify programming to meet the needs of participants. All activities must be inclusive and adaptable!

Students are expected to model, coach and guide participants through a variety of sport based activities. Attention to safe use of equipment (reference OPHEA guidelines) must be ensured.

**Deliverables:**

1. Create a budget to be approved by BPHE Placement Office
2. Secure facilities event date.
3. Connect with area school boards and youth groups to publicize event.
4. Develop a strategy for elementary student registration in accordance with privacy legislation
5. Lesson plan for 8 hrs of instruction. Lesson plan should include learning outcomes, equipment, timing, etc.
6. Work with NU Advancement and External Relations to create a media release regarding the event.
7. Student Guide: A student manual for this placement will be delivered at the conclusion of the experience.

**Project Requirements:** Be self-directed in the research area of the project, a completed manual is expected at the end of the placement and delivery of a portion of the manual is expected throughout the placement term. Complete CPR and First Aid certification. A criminal reference check is mandatory.

**Number of Students Accommodated within placement:** (minimum 50 hours): 10 max.

**Contact person within organization:**

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Position: Placement Officer/Instructor BPHE Program

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