



PHYSICAL AND HEALTH EDUCATION  
COMMUNITY LEADERSHIP PLACEMENT

**Placement Role:** YMCA Programmer

**Host Organization:** YMCA North Bay

**Dates:** Students must be available to develop and lead workshops and programs during late fall and winter semesters.

**Placement Service Times:** Flexible, lots of planning involved, students must be able to meet regularly to develop the program and plan schedule. Open programming at the YMCA is planned during the following times:

Mornings, 10-12.

Evenings, 5 – 8

Saturdays – all day

**Purpose:** To create, and deliver a structured physical activity program targeted to children and youth. The workshop will be delivered exclusively by BPHE students. Students will research best practices and other evidence based practice in the area of physical education. Students will modify programming to meet the needs of participants. All activities must be inclusive and adaptable!

Students are expected to model, coach and guide participants through a variety of activities as approved by the YMCA host advisor. Attention to safe use of equipment (reference OPHEA guidelines) must be ensured.

**Project Requirements:** Be self-directed in the research area of the project, a completed manual is expected at the end of the placement and delivery of a portion of the manual is expected throughout the placement term. Complete CPR and First Aid certification. A criminal reference check is mandatory.

**Number of Students Accommodated within placement:** (minimum 50 hours): 10 max.

**How to apply:** Interested students should send resumes with three business references by email to Carly Snell at carlys@nipissingu.ca

**Contact person within organization:**

Brian Finner

Health & Fitness Supervisor

YMCA of North Bay

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