



PHYSICAL AND HEALTH EDUCATION
COMMUNITY LEADERSHIP PLACEMENT

Placement Role (Title): Personal Trainer / Fitness Advisor

Host Organization and Description:

Anytime Fitness Gravenhurst is a 24 hour gym that prides itself on taking the time to help members get to a healthier place. We take our time to get to know every individual and understand their goals in order to help them achieve them. We pride ourselves on being an extremely clean facility with friendly and knowledgeable staff. We offer personal training and live training as well as different types of bootcamps. We are involved with the community and join in on all different events.

Placement Service Times:

Open/When Available

Placement Duties:

- Cleaning
- Greeting Members
- Offering Fitness Consultations
- Following the Anytime Fitness personal training guide
- Providing members with fitness plans
- Helping with nutrition advice
- Helping with community events
- Being “surprisingly personable”
- Getting to know members
- Answering the phone
- Being on the floor to offer guidance to members if needed

Open to different duties depending on their background and education – if there is anything specific they would like to learn or have practice with, that could be stated in the interview.

Placement Deliverables:

- Must be energetic, friendly, and have a great personality! Must be able to talk to members and any guests in a positive and professional manner.

Placement Eligibility Requirements: police check and CPR Level C/FA required. Students selected for this placement must submit a resume, cover letter and be willing to interview for the limited number of positions available.

Number of Students Accommodated within placement: (minimum 50 hours): 1-2

Placement application process:

Resume
Interview

Contact person within organization:

Samantha John

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705-238-1138

Deadline to submit expression of interest:

N/A