# **In-Person PHED Placement Roles**

# Research Conference - - Closing September 30

This fall, Nipissing University will host a virtual research conference: Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). There are three placement roles available in connection with this conference. This is an excellent opportunity for students who are interested in grad studies/research or connecting with faculty to learn more about academia in general. Students will (virtually) connect with globally respected researchers and work closely with Dr. Law and Dr. Hansen as their team brings this conference to life.

# **Nipissing University Athletic Therapy**

In this placement, students spend a minimum of 50 hours training under the direct supervision of a Nipissing University Certified Athletic Therapist. A variety of treatment techniques will be explored (under supervision) in a clinical setting. Placement students will: Participate in clinic/team assigned duties with athletic therapist, engage in the assessment of varsity and/or club athletes, gain knowledge on the prevention of musculoskeletal injuries, observe, and learn musculoskeletal and postural assessment techniques and treatment options and more! This is a fantastic placement for any student considering a career in rehabilitative sciences.

#### **NU Athletics**

NU Athletics, based in the Robert Surtees Athletics Centre is a growing and fast paced organization to become involved with. Students engaged in NU Athletics placements help manage & organise game day/tournament events for Lakers varsity teams. Duties may also involve working at the front desk, compiling statistics, game day set up and tear down, hosting visitors/officials, and coordinating services. There is rarely a dull moment! Although this placement is open to all students in the PHED program, students who have a keen interest in sports and event management or sports administration may find this role particularly beneficial.

# **North Bay Minor Hockey: Coaches and Trainers:**

The School of PHE has been contacted by several hockey teams looking for assistant coaches and trainers. Students looking to gain experience working with young athletes in various age groups, from beginner to U18 are encouraged to consider contributing and building upon their skills. Since the roles connect with rehabilitation and educational environments, students interested in building their education portfolio, coaching and training skills are encouraged to consider applying.

# **Educational Program Delivery: School Setting**

Indoor and outdoor education program leaders needed at three area schools. These programs run after school, usually one day a week. This is a curriculum based, teaching opportunity with links to health promotion (nutrition, physical activity, personal wellness) PHED students will be working with at-risk students in grades 5-8. The program is delivered through a partnership with the local Big Brothers and Big Sisters\* agency of North Bay.

**Elementary School Classroom, Yard Duty Support:** A local elementary school is seeking one student interested in assisting both in the classroom and over lunch hour yard duty a minimum of two times per week (Tuesday and Fridays for fall). A winter opening may be available as well. This role will provide PHED placement students with experience working directly with both school staff and elementary students (JK-6) in a school setting. Planning for inclusive, active games during recess is encouraged!

# **Paul Nelson Memorial Hockey Event Assistant**

This year marks the 10th year of the Paul Nelson Memorial Hockey Game in honour of Paul Nelson, a former BPHE student who was tragically killed responding to a volunteer fire call. All proceeds from this event go to the Paul Nelson Memorial Scholarship, which is awarded to one student annually in the PHED 3016 Coaching class for demonstrating excellence in the development of their coaching philosophy. This year, the game is scheduled to take place in January. The organizing team is looking for 1-2 students interested in planning this important event. Students hoping to gain experience in sports event management and community event promotion are encouraged to consider this placement role.

# North Bay Regional Health Centre: HELP Program

HELP is a quality enhancement, in-patient medical program provided by our hospital. The program seeks to improve the hospital experience of hospitalized older patients. HELP utilizes specific interventions and specially trained placement students to keep older people oriented to their surroundings, mobile within the limitations of their physical condition while meeting their needs of nutrition, hydration and sleep. This clinical placement is a great choice for students considering careers in rehabilitative sciences (physiotherapy, occupational therapy, recreational therapy), medicine, or any occupation tied to healthcare.

# After School Programs with the City of North Bay: Activities Leader

The After School Program seeks to offer young participants a safe and nurturing environment in which they can learn more about physical activity, nutrition, and healthy living. Programs run at two hubs in North Bay; a local elementary school and a community centre. This in-person placement is a fantastic BPHE/Con Ed opportunity working with junior/senior elementary school aged children.

# **Student Nutrition Program**

If you are interested in student nutrition, this may be the right fit for you! You can learn about the important work of the Ontario Student Nutrition Program on Facebook and decide if you would like to contribute to this agency through your placement. The local branch of Ontario Student Nutrition is open to working with students who have an interesting idea they would like to explore and propose as viable programming. This is an excellent choice for students interested in education and/or nutrition.

#### **OTA/PTA Faculty Assistants**

The Occupational Therapy Assistant/Physiotherapy Assistant program at Canadore College provides students with the training required to work with people who have limited or impaired functionality due to injury, illness, disability, or aging. PHED students in the OTA/PTA faculty assistant role work under the guidance and supervision of registered occupational therapists and physiotherapists to help instruct and add value to the curriculum being provided to students in the OTA/PTA program. This placement may be of interest to students interested in education OR rehabilitative science.

# **Practical Courses – Assistant Instructor**

PHED students who have an interest in education are encouraged to consider assisting with a variety of PHED Practical courses that run each term. Students placed in these roles assist the instructors with setting up the space, observing students, providing instruction, and assessing lessons. To be eligible for this role, students must have already successfully completed the practical with which they are assisting.

#### West Ferris High School Varsity Volleyball Coach – CLOSED

West Ferris High School is currently seeking a student (or students) who may be interested in the Head Coach role of the Boys' Varsity Volleyball Team. This opportunity will see students working with both junior and senior level high school athletes as they compete in the local NDA/NOSSA/OFSAA circuit. The season runs from September to late November. This demanding role will be an excellent stepping-stone for any student interested in working in the high school students and adding to their teacher/coach portfolio.

# **Next Step Fitness – CLOSED**

Students working at Next Step Fitness engage in a variety of activities from the observation of fitness science professionals to the daily administrative operations of a fitness facility. Students benefit from connecting with the business owner and learning about the strategies involved when establishing a gym and attracting and retaining clients.

### **Virtual PHED Placement Roles**

# North Bay Regional Health Centre: LEAD Program - Closing October 4th

Participating in this *virtual* healthcare-oriented program will allow students to: expand their knowledge of the health care sector, gain an in-depth understanding of our Heath Centre, give back through virtual volunteering and build connections for the future. This program is a great opportunity for students who are keen to make a positive difference while exploring and expanding their interest in health care. The program will run through the fall term.

#### **Near North Palliative Care Network**

As the Volunteer Visiting Hospice of Nipissing/Parry Sound Districts, this agency provides Training and Education for all aspects of ageing and end of life. During the COVID pandemic, the agency has also been offering workshops, events, phone and teleconference visits to combat social isolation of seniors, especially those from vulnerable sectors. For students considering careers in education or healthcare, the NNPCN provides essential training around bereavement and opportunities to learn about supporting children who are experiencing grief.