

School of Physical and Health Education One-Page Placement Profile

[Name] [Course Code]

### **Template Instructions**

The one-page profile assignment will assist in introducing you to your placement community. Students report that including a brief description of their strengths, goals and a description of how they like to be supported helps foster positive experiences and relationships within their placement workplaces.

Your finished one-page profile document will be shared with your placement host community (school, clinic, etc). You will find a template and exemplar in the following pages. When using the template, retain the document header, including university logo and program information. Be sure to include your name and course code. If you prefer to use a graphics program like Canva or similar, include all of the elements shown in the template to ensure consistency.

At the time your one-page profile is due, students may not yet be connected with their placement host or placement community/colleagues. This is okay, as the document should represent you in any setting or employment sector.

Choose a headshot that features you as professional. Photos that include other individuals, social settings or photos that contain personal information should not be used. Students may opt to exclude a photo from their one-page profile if they choose.

Finally, remember that this assignment is called a One-Page Placement Profile for a reason! The document should only be one page in length. Variation from the template is fine, however the document should retain an overall professional feel. Avoid adding more than one page, as this document should be easily distinguished from a resume. **One-Page** assignments should be saved as a PDF and saved as SurnameFirstnameProfile.pdf (BuellJenniferProfile.pdf). You can upload your one-page profile using the clearance web form.

You will find a template, exemplar and rubric at the end of this assignment package. Please only submit your one-page profile. Do not include the instructions or exemplar in your assignment when submitted.



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[Name] [Course Code]

▼ What Others Appreciate About Me:

Replace this paragraph with the strengths that you believe represent your best professional qualities. If you unsure, ask your family, friends or colleagues to weigh in regarding your strengths. You are welcome to use bullet points, or paragraph form.

## ▼ What is Important to Me:

Remove this paragraph and replace it with what really engages you! You are encouraged to share your dreams for the future, what you hope to achieve, and what is most interesting to you. Please include your professional goals and the sector you hope to work in someday. This is a professional document, intended to introduce you to the placement community you are involved with. Your new colleagues may find it helpful to learn about why you have joined them and what makes you unique. Since this document may be distributed widely, consider your audience and how much personal information you wish to share.

▼ How to Best Support Me:

List the ways in which your host community can help make your placement the best possible experience. Advocate for yourself! For example, you may indicate that you appreciate it when people introduce themselves, which takes the pressure off you to approach them first. You could also mention how you learn best through opportunities to practice in scenarios or through modelling. Or maybe you prefer jump right in. Do you prefer being provided with feedback regularly? Do you like to work collaboratively or independently? Be as honest as you can, as this tool can help others help you be more comfortable in your new workplace.



# NIPISSING UNIVERSITY

School of Physical and Health Education One-Page Placement Profile <u>EXEMPLAR</u>

Jennifer Buell PHED 3106

- ▼ What Others Appreciate About Me:
- Dependable/Reliable
- Compassionate
- Curious
- Supportive

### ▼ What is Important to me:

I love watching students expand their understanding of the BPHE curriculum through real life experiences. I am also a strong believer that what works well for one student, may not be impactful for another. I try to think of what I would want for my own kids, or my nieces and nephews when approaching interactions with each student. Are they being supported as individual learners through their unique post secondary experience? Often, communication is key to ensuring this occurs.

Experiential education has always been an interest of mine, whether through outdoor education or trying out new assignments or strategies in the PHED placement program. I have reached many professional goals already, but always enjoy new development opportunities, including an exciting transition from a career in healthcare to one in education. The sectors have many commonalities! I also love working with great people who inspire me to do the best for our students.

Finally, I included a winter photo for my profile. I love the winter season and I know I may be a minority in that respect! Living somewhere where we get to fully enjoy four seasons is very important to me.

- ▼ How to Best Support Me:
- Please introduce yourself. I love meeting new people, and learning what interests them.
- Be patient, I tend to ask a lot of questions out of genuine curiosity.
- Share your opinions and ideas with me. Diverse, new or challenging perspectives are important to everyone's growth.
- Recognize that I am a busy, working parent committed to work/life balance. I check email every night, but I am also an active coach and volunteer in the community. I love to be busy, and am still learning to juggle everything.

- We all have different ways of learning and retaining information. I have learned that I keep track of information best when it is written down. My emails tend to be lengthy, especially when trying to recapture what I have been told, but they help me stay organized and on top of my duties.



## Rubric: One-Page Placement Profile Assignment

Criteria	Excellent (4)	Proficient (3)	Basic (2)	Limited (1)	Inadequate (0)
Content Clarity	The profile is	The profile is	The profile is	The profile lacks	The profile is
and Relevance	exceptionally	clear, concise,	somewhat clear and	clarity and	incoherent and lacks
	clear, concise,	and relevant. It	relevant, but some	relevance. It	any clear
	and relevant. It	effectively	information is	contains vague	information about
	effectively	communicates	inadequately	or irrelevant	the student's
	communicates	the student's	developed. It	information	strengths, goals, and
	the student's	strengths, goals,	provides a general	about the	preferred support
	strengths, goals,	and preferred	understanding of	student's	style.
	and preferred	support style for	the student's	strengths, goals,	
	support style for	the placement	strengths, goals,	and preferred	
	fostering positive	community.	and preferred	support style.	
	relationships in a		support style.		
	placement				
	community.				
Inclusion of	All required	All required	Most required	Few required	Many required
Required	elements,	elements are	elements are	elements are	elements are
Elements	including the NU	included as per	included, but there	included, and	missing, making it
	logo, program	the instructions,	are noticeable	their absence	difficult to identify
	information,	but there may be	omissions or	significantly	the student,
	student's name,	minor	formatting issues	impacts the	program, or course.
	and course code,	inconsistencies or	that affect the	overall	
	are included as	formatting issues.	overall	appearance and	
	per the	0	presentation.	adherence to	
	instructions.		F	instructions.	
Visual	The profile is	The profile is	The profile is	The profile lacks	The profile is
Presentation	visually	visually	somewhat visually	visual appeal and	visually
and Consistency	appealing, well-	appealing,	appealing and	consistency.	unappealing,
,	organized, and	organized, and	organized, but there	Formatting	disorganized, and
	maintains a high	mostly consistent	are noticeable	issues are	appears
	level of	with the provided	inconsistencies in	prevalent,	unprofessional. The
	professionalism.	template. The	format and	detracting from	profile significantly
	The profile is	profile has	presentation. The	its overall	exceeds one page,
	exactly one page,	deviations from	profile exceeds one	presentation.	or is less than half a
	providing	the page limit	page in length, but	The profile is	page, making it
	comprehensive	that do not	the excess content	noticeably longer	challenging to
	information	significantly	does not	than one page,	identify key
	while adhering to	impact the	substantially affect	which affects the	information and
	the specified	content's clarity	the overall message.	content's	undermining the
	page limit.	and coherence.		coherence and	assignment's
	1			readability.	purpose.
Grammar,	The profile is	The profile	The profile has	The profile	The profile is riddled
Spelling, and	impeccably	contains minor	several grammar	contains	with grammar and
Writing Quality	written, with no	grammar or	and spelling errors	numerous	spelling errors,
~~~~~	grammar or	spelling errors	that slightly impact	grammar and	making it difficult to
	spelling errors.	that do not	the readability and	spelling errors	comprehend and
	The writing style	detract from the	professionalism of	that significantly	severely lacking in
	is professional	overall quality of	the document.	impede	professionalism.
	and engaging.	the writing. The		understanding	
	and ch908m8.	writing style is		and	
		professional.		professionalism.	
	l	professional.	l		1